

Nathan Deal, Governor



DEPARTMENT OF JUVENILE JUSTICE

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**Approved Substitution List**

<b>Entrées</b>	All entrée substitutions require Central Office Dietitian approval	<b>Lunch Grain Based Desserts</b>	Cinnamon Elf Grahams (1 each) Honey Grahams (1 each)
<b>Breakfast Grains</b>	Muffin Option (1 each) Power Bread Option (1 each) Cereal Option (1 each) Breakfast Roll Option (1 each) Bagel Option (1 each)	<b>Fruit</b>	Any Seasonal Fresh, Frozen, or Canned Fruit (1 serving) 100% Fruit Juice (1/2 cup = 4 oz; 1 cup = 8 oz)
<b>Lunch/Dinner Grains</b>	Rice (1/2 cup) Breadstick (1 each) Hamburger Bun (1 each) Hotdog Bun (1 each) Hoagie Roll (1 each) Sliced Bread (2 each) Pasta (1/2 cup) Biscuit (1 each) Hard or Soft Tortillas (2 each) Garlic Bread (1 each) Roll (1 each)	<b>Desserts</b>	Any Dessert (1 serving)
<b>Dark Green Vegetables</b>	Broccoli (1/2 cup) Collard Greens (1/2 cup) Turnip Greens (1/2 cup) Romaine (1 cup) Spinach, Raw (1 cup) Spinach, Cooked (1/2 cup)	<b>Beans &amp; Peas</b>	Black Beans (1/2 cup) Kidney Beans (1/2 cup) Pinto Beans (1/2 cup) Refried Beans (1/2 cup) Legumes (1/2 cup) Lentils (1/2 cup)
<b>Starchy Vegetables</b>	Corn (1/2 cup) Green Peas (1/2 cup) Field Peas (1/2 cup) Lima Beans (1/2 cup) Potatoes (1/2 cup) French Fries (1/2 cup)	<b>Other Vegetables</b>	Cabbage (1/2 cup) Cauliflower (1/2 cup) Celery (1/2 cup) Coleslaw (1/2 cup) Cucumbers (1/2 cup) Green Beans (1/2 cup) Iceberg Lettuce (1 cup) Squash (1/2 cup) Zucchini (1/2 cup)
<b>Red &amp; Orange Vegetables</b>	Carrots (1/2 cup) Sweet Potatoes (1/2 cup) Tomatoes (1/2 cup)		

*\*Any substitutions not on this list must be approved by the Central Office Dietitian & attached to the corresponding production records. Substitutions must be documented on production records and serving temperature logs.\**

Jessika Anderson, MS, RD, LD

06/11/2018

Date

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