

Food Allergies In-Service Quiz

Name: _____

Date: _____

1. To help Americans avoid the health risks posed by food allergens, Congress passed the:
 - a. Food Label Act
 - b. Food Allergy Act
 - c. Food Allergen Labeling and Consumer Protection Act of 2004
 - d. Consumer Protection Act
2. The law passed by Congress identifies ___ most common food allergens.
 - a. 2
 - b. 6
 - c. 8
 - d. 10
3. Symptoms of food allergies typically appear from within a few minutes to two hours after a person eats a food to which they are allergic.
 - a. True
 - b. False
4. Major food allergens include all of the following except:
 - a. Milk and eggs
 - b. Tree nuts and peanuts
 - c. Wheat and soy
 - d. Sliced melons and Diced Tomatoes
5. The law passed by Congress requires all labels must clearly identify the food source names or derivatives of any of the major food allergens.
 - a. True
 - b. False