I. POLICY:

All youth in Department of Juvenile Justice secure facilities shall receive health education and information.

II. DEFINITIONS:

Health Care Staff: Registered Nurse, Licensed Practical Nurse, Nurse Practitioner, Dentist, Dental Assistant, Dental Hygienist, Medical Records Clerk, Pharmacist, Physician's Assistant, or Physician.

Health Encounter: An objective, hands-on evaluation of an individual. It involves the inspection, palpation, auscultation, and percussion of a patient’s body to determine the presence or absence of physical signs of disease or injury.

Medical Services Staff: Staff licensed as a Registered Nurse, Licensed Practical Nurse, Nurse Practitioner, Physician's Assistant, or Physician.

Regional Health Services Administrator (RHSA): Licensed health service staff who provides support to facility health staff and oversight to ensure the quality and accessibility of all health services provided in the facility.

III. PROCEDURES:

A. All health education will be provided by Medical Services staff, the health department, or other educators. Health education may be provided via individual or group discussion, brochure, or video.

B. Core health education will be completed within seven (7) calendar days of admission and shall include:
1. Hand washing;
2. Hepatitis A, B, and C;
3. HIV infection and AIDS;
4. Immunizations;
5. Oral Hygiene Instruction;
6. Self-examination for breast or testicular cancer;
7. Sexually Transmitted Infections;
8. Smoking and use of tobacco products, smoking cessation; and

C. Delivery of the core health education will be documented in the Juvenile Tracking System (JTS) on the Nurse Health Appraisal or the Physical Exam, as applicable, within 24 hours of the education being provided.

D. Additional health education materials that have been approved by the Regional Health Services Administrator may be provided, to include:

1. Alcohol and drug problems;
2. Chronic diseases and disabilities;
3. Comprehensive family planning;
4. Counseling in preparation for release;
5. Medications;
6. Nutrition;
7. Parenting skills;
8. Perinatal care;
9. Personal hygiene;
10. Physical fitness;
11. Prevention of sexual and other physical violence; and
12. Stress management.
E. Age-appropriate brochures, posters, and pamphlets will be available on a variety of health topics and readily accessible to youth in the health services unit.

F. With the exception of isolation checks and restraint checks, health education will be provided and documented in JTS with each health encounter with a youth from health services.

G. The curriculum for all health education provided in facilities (by health care staff and outside organizations) will be provided to the Regional Health Services Administrator to review and approve prior to delivery to youth. Curriculum will be reviewed and approved at least annually. A copy of the curriculum will be maintained at the facility by the Designated Health Authority.

IV. LOCAL OPERATING PROCEDURES REQUIRED: No